

# HOLY TRINITY GREEK ORTHODOX CHURCH

Reverend Father Constantine Simeonidis – Proistamenos

Reverend Father Nicholas Wyborski – Retired

*Orthros* 8:15 a.m | *Divine Liturgy* 9:30 a.m.

**June 21, 2026 – Third Sunday of Matthew**

*Julian the Martyr of Tarsus; Terentios, Bishop of Iconium;*

*Nikitas the new Martyr of Nisyros*

## GOSPEL & EPISTLE READING

**Matins Gospel:** Mark 16:9-20

**Ἐωθινόν:** Κατὰ Μάρκον 16:9-20

**Epistle Reading:** Romans 5:1-10

**Ἀπόστολος:** Ρωμαίους 5:1-10

**Gospel Reading:** Matthew 6:22-33

**Εὐαγγέλιον:** Κατὰ Ματθαίον 6:22-33

## MEMORIALS

*Chris Christakos (3 years), Constantine Birlidis (4 years), Sophia Tsipras (1 year)*

## HYMNS FOLLOWING THE SMALL ENTRANCE

**RESURRECTIONAL APOLYTIKION:** Mode 2.

When You descended unto Death, O Lord, You who are immortal Life put Hades to death, by the lightning of Your divinity. And when You raised the dead from the netherworld, all the hosts of heaven sang aloud to You, "O Christ God, Giver of life, glory to You!"

**ENTRANCE HYMN:** Mode 2.

Come, let us worship and bow down before Christ. Save us, O Son of God, risen from the dead. We sing to You, Alleluia.

**RESURRECTIONAL APOLYTIKION:** Repeat.

**APOLYTIKION OF THE MEMORIAL:** Mode pl. 4.

Remember, O Lord, as You are good, \* Your servants, and forgive every sin they have committed in this life. \* For no one is sinless except You, \* Who have power to grant rest to those who have fallen asleep.

**APOLYTIKION OF THE CHURCH:** Mode pl. 4.

Blessed are You, O Christ our God, \* who made fishermen all wise, \* by sending down upon them the Holy Spirit, \* and through them, \* drawing all the world into Your net. \* O Lover of mankind, glory to You.

**KONTAKION:** Mode 2.

A Protection of Christians unshamable, intercessor to our holy Maker, unwavering, reject not the prayerful cries of those who are in sin. Instead, come to us, for you are good; your loving help bring unto us, who are crying in faith to you: Hasten to intercede and speed now to supplicate, as a protection for all time, Theotokos, for those who honor you.

## THE EPISTLE READING

Prokeimenon. Mode 2

Psalm 117.14,18

The Lord is my strength and my song.  
Verse: The Lord has chastened me sorely.

Romans 5:1-10

Brethren, since we are justified by faith, we have peace with God through our Lord Jesus Christ. Through him we have obtained access by faith to this grace in which we stand, and we rejoice in our hope of sharing the glory of God. More than that, we rejoice in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit which has been given to us. While we were still weak, at the right time Christ died for the ungodly. Why, one will hardly die for a righteous man -- though perhaps for a good man one will dare even to die. But God shows his love for us in that while we were yet sinners Christ died for us. Since, therefore, we are now justified by his blood, much more shall we be saved by him from the wrath of God. For if while we were enemies we were reconciled to God by the death of his Son, much more, now that we are reconciled, shall we be saved by his life.

## THE GOSPEL READING

Matthew 6:22-33

The Lord said, "The eye is the lamp of the body. So, if your eye is sound, your whole body will be full of light; but if your eye is not sound, your whole body will be full of darkness. If then the light in you is darkness, how great is the darkness! No one can serve two masters; for either he will hate the one and love the other, or he will be devoted to the one and despise the other. You cannot serve God and mammon. Therefore I tell you, do not be anxious about your life, what you shall eat or what you shall drink, nor about your body, what you shall put on. Is not life more than food, and the body more than clothing? Look at the birds of the air: they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they? And which of you by being anxious can add one cubit to his span of life? And why are you anxious about clothing? Consider the lilies of the field, how they grow; they neither toil nor spin; yet I tell you, even Solomon in all his glory was not arrayed like one of these. But if God so clothes the grass of the field, which today is alive and tomorrow is thrown into the oven, will he not much more clothe you, O men of little faith? Therefore do not be anxious, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?' For the Gentiles seek all these things; and your heavenly Father knows you need them all. But seek first his kingdom and his righteousness, and all these things shall be yours as well."

# MINISTRY NEWS

**Adult Recreational Greek Dance:** Interested in learning how to Greek dance or just want to brush up on your dance skills? For more information, please contact Tina Burnett (Photenie@gmail.com).

**Brain Fitness Academy:** There is room for more members. Volunteers are still needed! For more information, contact Chris Rothenberger: 407-765-1770; crothenberger@cfl.rr.com.

**Gift Shop and Bookstore:** The gift shop will be closed for inventory on June 14 & June 21. Please purchase what you need before because items will not be rung up while we are closed.

**EZAir Solutions Scholarship:** To encourage and empower graduating seniors with a passion for the trades, EZAir Solutions is excited to announce a \$1,000 scholarship opportunity to support the next generation of trades professionals. To apply, submit a 500-1000 word essay and a short video sharing your enthusiasm for pursuing a trade career, detailing your journey, experiences, and aspirations. Additionally, showcase a project that sparked your interest in the trades, whether it's a hands-on project, repair, or initiative. Please make sure the applicants' contact info is attached. Email your essay and a link to your video to eliseo@ezairsolutions.com. The deadline for submissions is Friday, 8/21 and the selection will be made on 8/28.

**GOYA:** Our Ethos nights are over for the school year and we will see you again in fall! If you have any questions about our GOYA Ministry, please contact Sanda at pa@htgocorlando.org.

**Hellenic Dance:** For more information about the Greek dance program, please contact Staci Lagoutaris (StaciLag@gmail.com).

**Orthodoxy 101:** The next session will begin again in September.

**Philoptochos:** Philoptochos, being a friend of the poor and always ready to assist those in need, has established a scholarship to help a graduating high school student who is entering a college, a community college or a trade school. The annual scholarship will be \$1,000.00. For more information about application, please reach out to Sanda at pa@htgocorlando.org. The application deadline is July 31, 2026.

**Prospora:** We are in need of more Prospora bakers for our services. If you would like to contribute and help, please contact Sanda at pa@htgocorlando.org.

# Senior Outreach

Are you a caregiver or responsible for an aging adult whose needs are changing? Are you struggling through the process? Have you wondered what skilled nursing, assisted living, rehab and home health care really mean? Are you approaching retirement and are you confused about healthcare, long term care, downsizing or health insurance options? Do you wonder what documents you should have to protect yourself or your loved one? Do you know what “aging in place” is and what Hospice care involves?

The Senior Outreach Ministry is all about finding answers to questions and understanding resources. Guidance exists for you at the Holy Trinity. If you have wanted confidential help through the health care maze, please reach out!

Chris Rothenberger, M.Ed., Social Worker Consultant  
Senior Outreach Director at HTGOC  
crothenberger@cfl.rr.com, 407-765-1770

GREEK ORTHODOX ARCHDIOCESE OF AMERICA

## DEPARTMENT OF RELIGIOUS EDUCATION

### REGISTER FOR CLERGY-LAITY MINISTRY PROGRAM

Lay ministry leaders are invited to participate in the Clergy-Laity Congress Ministry Training Program—designed specifically for those serving in parish ministry.

This registration link is for religious educators, youth and young adult workers, church musicians, and chanters.

Special Rate: \$200 registration  
Discount Code: CLTRAINING26



**Are you a registered Youth Worker?**

Check your compliance  
Login to your  
Existing Account  
Click on  
'My Compliance Report'



**Not Registered?**

Register as a  
First-Time Registrant  
Background Check  
(Every 2 years)  
Training



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**PROSPHORA BAKERS NEEDED**

*If you would like to contribute and help with making Prospora for our upcoming services, your help would be greatly appreciated!*

*Please contact Sanda at:  
pa@htgocorlando.org  
for more information.*

**YAL NATIONAL CONFERENCE '26**

**JULY 1-5 2026**  
**CLEVELAND, OH**

Join hundreds of young adults for a weekend full of faith & fellowship!

*Rise & Build: Claim Your Calling!*

Hosted at the Cleveland Marriott Downtown!

**Featuring:**  
Engaging speakers - Interactive service project  
Themed evening events - Free time in Cleveland

**Register Now!**  
clergyiaity.org/yalconference

IG/FB @yalnationalconference  
Questions? Email us at yal@goarch.org.

**HOLY TRINITY IS EXCITED TO ANNOUNCE**  
**GREEK SCHOOL FOR CHILDREN**  
**FOR THE 2026-2027 SCHOOL YEAR!**

*Scan the QR code to receive updates & information*

For any questions, please contact Taso Mitrogogos at  
tasomitr@yahoo.com



## Become a Steward

Orthodox Christian Stewardship is a way of life, which acknowledges accountability, reverence, and responsibility before God.

A primary goal of Stewardship is to promote spiritual growth and strengthen faith.

As Stewards, we affirm that every aspect of our lives comes as a gift from Him. Stewardship calls on the faithful to cheerfully offer back to God a portion of the gifts with which they have been blessed.



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Scan here to  
learn more  
about Christian  
Stewardship



## CRANIUM CRONICLES

Class time has been lively and enriching. New domino games were a big hit. Music therapy ends soon and continues to be enjoyable with singing, instruments and most recently sharing vacation memories to music. Briahna is very talented in engaging members and stimulating memories and brain. Do you know what at Thurmin is? It is heard in some background music performed by The Beach Boys. Sudoku, commonyms, alphabetizing words, and other individual activities are well received and address visual spatial, speed of processing, problem solving, attention and concentration. Gratitude journaling included Gratitude for Living in the USA, as well as memories of our beloved Dr. George who is greatly missed. Cardio percussion drumming, beach ball toss encouraged attention and reflexes, and sit to stand had members actively on their feet and getting stronger. Many thanks to Lexi, Catherine K., Elena K., Callie H., for their time and talent. Discussion and planning for Fall Semester are under-way now. 10 people have pre-enrolled! Call for more information.



**Brain Fitness  
Academy**

Christine Rothenberger, Director  
407-765-1770 ; [brainfitness@htgocorlando.org](mailto:brainfitness@htgocorlando.org).

## PASTORAL REMINDERS

Only Orthodox Christians in good canonical standing are invited to receive Holy Communion. Everyone else is welcome to receive the blessed bread (antidoron) at dismissal.

Please remember Fr. Constantine will never ask for gift cards or assistance via email or text messaging. If you receive a text or email from someone claiming to be Fr. Constantine asking for assistance, please call the office and do not respond.